

CERTIFICATE

OF PARTICIPATION

This is to certify that

Monique Havenga

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:36:30

PACE 12:03/km

OVERALL 109 of 166

GENDER 48 of 88

OPEN 32 of 51

23 June 2019, Sun

Date

